



# Wolves' Tales

## Something to howl about...

### Title I Parent Newsletter

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# Washington Elementary

Lawton Public Schools



### Teach responsibility one day at a time

It would be nice if teaching responsibility happened quickly. But it's a work in progress. Age-appropriate tasks can help, as long as they're assigned correctly. Give your child a few tasks(not too many)that she can handle. Make them a part of the family routine. Don't expect perfection and keep your sense of humor when challenges arise.



### Motivation Methods That Work series...

#### ~Manage stress~

You may not realize it, but stress can zap your child's energy. Feeling that he can't get everything done can keep your youngster from trying to do anything. Help him simplify his schedule so he can regain the motivation he needs to focus on what's most important: school, family and friends, exercise, and relaxation.

**Can-do tip:** If your child seems overwhelmed, make some schedule changes. Cut back on after-school activities like clubs and sports, and limit playdates.

#### ~Establish expectations~

It's important for parents to set high standards for their children at home and in school. Students whose parents expect them to do well in school have a better chance of learning success. Encourage your youngster to give her best effort in everything she does. Let her know that some things may be harder for her than others, but there's no excuse for not trying.

**Can-do tips:** Teach your child to be responsible at home by assigning chores and setting clear guidelines for behavior. If she's struggling with schoolwork, offer tutoring or other help to improve her skills and boost her self-confidence.

Source: Home & School Connection, 2005.

## Spring Fundraiser Update

Mar. 31 -- Apr. 8

### 'Today's Favorites' catalog

Thank you for supporting our school! Please return ALL orders to the office!

### Counselor's

### Corner

### Testing "Be's" for Parents!



1. Be sure to stick with your routine for bedtime & breakfast. Please pick out comfortable clothing for them to wear.

2. Be positive. It helps your child(ren) be in a good frame of mind for testing.

3. Be encouraging.

Your youngsters need to know that you believe in them.

4. Be punctual. Tests will begin promptly at 9:30 and need no interruptions. If your kids are late they will have to test at a later time.

5. Be here. Postpone appointments for another time. Attendance matters!

## PARENT CONNECTIONS

CONNECTING OUR WASHINGTON PARENTS TOGETHER PRESENTS

### CRYSTAL DURHAM

### THE SALVATION ARMY

MAY 2, 2008 3:15P.M.

SUMMER FUN SCHOLARSHIPS WILL BE GIVEN OUT!



# Standardized tests choose to do well

True or false: standardized tests are tough. The answer depends on how prepared your youngsters are. Here are four ways to help them handle test week.

1. Explain that the tests will show how much they have learned. Encourage them to try their best, but don't put so much emphasis on it that they feel stressed.
2. Practice the test format. For example, your children might have to read a paragraph and answer questions. Using one of their textbooks, have them look at the questions at the end of a section first and then read the passage. That will help them know what to read for and how to find the answers.

3. Limit activities the night before tests. You may want to avoid having guests for dinner or skip their brother's baseball game if it means being out late. Be sure your children get to bed on time and set an alarm for the next morning.

4. On test day, give them an energy-boosting breakfast. Try to include both protein (eggs, yogurt, milk) and carbohydrates (fruit, oatmeal, toast).

Source: Home & School Connection, March 2002.

## Student Motto:

At Washington we will be responsible, respectful, studious, and safe.



## Star Polisher Award

...for gently polishing the shining stars in our school....

**Lilianna Villasenor**

....an important job and awesome responsibility...

We appreciate YOU!

## We have GREAT EXPECTATIONS!

### Word of the Week:

Strength which means emotional toughness; a source of support.

### Quote of the Week:

Nothing is so strong as gentleness. Nothing is so gentle as real strength.

~Frances de Sales



## I CARE NEWS

### April's Concept Words

**KINDERGARTEN-UNIQUE QUALITIES** \*Things that

make each of us different and special. You are one-of-a-kind as

we all can see. Work hard to be the best that you can be.

**T-1 & 1ST-MAKE FRIENDS**

\*Friends are people you know, like, and trust. Being a good listener is a good way to make friends.

**2ND-VALUE DIFFERENCES** \*The conditions of being unlike, dissimilar, or diverse. We can all learn from each other.

**3RD-HOSPITABLE** \*Showing warmth and caring for others.

Caring makes the world a kinder and gentler place to live.

**4TH-FORGIVENESS** \*The act of excusing a mistake or an offense. It takes a strong person to look beyond one's faults and mistakes.

**5TH-LOYAL** \*Sticking up for someone/something that is important to you. It is also having allegiance to your country.

## BOX TOPS & CAMPBELL'S SOUP LABELS

PLEASE BRING IN 10

BY APR. 30 FOR A TREAT & CHANCE TO WIN A PRIZE!!

## Dates to Remember

Apr. 14-17 CRT TESTING DATES

Apr. 14 CRT's 3rd— 5th grades

Apr. 15 CRT's 3rd— 5th grades

Apr. 16 CRT's 5th grade

Apr. 17 CRT's 5th grade

PLEASE BE HERE !!

Apr. 18 Rise & Shine 9:00a.m. CRT Celebration

Apr. 21-25 Oklahoma Celebration Week

\*More information coming soon!

Apr. 22 Faculty Meeting 8:00a.m.

Guest speaker-Mr. Beauchamp Progress Reports go home

Apr. 25 Rise & Shine 9:00a.m. Mock Oklahoma

Land Run 2:30p.m.

Apr. 28-May 2 Imagination Book Fair

Apr. 29 School Improvement Team 2:30p.m.

May 1 Faculty Meeting 8:00a.m.

Character Connex 9:30-10:30a.m. Kindergarten-5th Auditorium

