


LAWTON PUBLIC SCHOOLS - November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SPAGHETTI W/ MEATSAUCE <hr/> STEAMED BROCCOLI	2 CHICKEN NUGGETS <hr/> SWEET POTATO FRIES	3 SALISBURY STEAK <hr/> MASHED POTATOES & GRAVY	4 FRITO CHILI PIE <hr/> BAKED CARROT STICKS
	7 FOOT LONG CHILI DOG <hr/> FRENCH FRIES	8 PORK RIB-A-Q <hr/> SWEET CORN	9 OVEN FRIED CHICKEN <hr/> MASHED POTATOES & GRAVY	10 BAKED POTATO W/CHILI & CHEESE <hr/> BROCCOLI & CHEESE
14 SWEET & SOUR CHICKEN W/RICE <hr/> SWEET POTATO FRIES	15 LASAGNA <hr/> GREEN BEANS	16 CHICKEN NUGGETS <hr/> MASHED POTATOES & GRAVY	17 Turkey Gravy <hr/> W/Mashed Potatoes & Stuffing	18 ALFREDO MEATBALLS W/RICE <hr/> SWEET CORN
21 FRITO CHILI PIE <hr/> STEAMED BROCCOLI	22 STEAKFINGERS <hr/> MASHED POTATOES & GRAVY	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 SOUP <hr/> BAKED CARROT STICKS	29 PORK RIB -A-Q <hr/> GREEN BEANS	30 BAKED POTATO <hr/> BROCCOLI W/ CHEESE SAUCE	Meal Requirements <i>A meal must include a minimum of 1 entrée and 1 side item</i> <i>Extra entrees are available for \$1.75</i>	<u>MEAL PRICES</u> BREAKFAST \$1.00 Full Price \$0.30 Reduced Price LUNCH \$2.00 Full Price \$0.40 Reduced Price

ADDITIONAL HEALTHY CHOICES OFFERED DAILY:
 HAMBURGERS/CHEESEBURGER, CHICKEN SANDWICH, OVEN BAKED FRIES,
 VARIETY OF PIZZA, VARIETY OF FIESTA BAR, DELI SANDWICHES, SALAD &
 WRAPS, FRESH FRUITS & VEGGIES, VARIETY OF MILK

Wk 1

Wk 2

Wk 3

Wk 4

Wk 5



18

STEAK FINGERS

28

SPAGHETTI W/MEATBALLS
SWEET CORN

SHEPHERD'S
POTATO
GRAVY

15

FOOT LONG CHILI DOG
GREEN BEANS

30

Salisbury Steak W/ Mashed Potato & Gravy
Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

24

SOUP
CARROTS

6

Baja Fish Tacos

Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

7

CHICKEN FRIED STEAK
MASHED POTATOES & GRAVY

7

ALMOND
MEAT
V
SWEET

17

SALISBURY STEAK
MASHED POTATOES & GRAVY

31

Pork Chop W/ Mashed Potato & Gravy
Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

6

BAKED POTATO
BROCCOLI W/ CHEESE SAUCE

Italian Meatballs w/Rice

Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

30

Spaghetti & Meatballs

Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

3

Steak Fingers

Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk

16

Holiday Meal

Ham Roast w/Gravy
Sweet Potatoes, Green beans, Hot Rolls, Dessert
Hamburger/Cheeseburger
Chicken Sandwich
Oven Baked Fries
Variety of Pizza
Variety Mexican Food
Sub Sandwiches
Salad & Wraps
Fresh Fruits & Vegetables
Variety of Milk